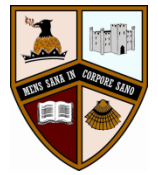




# CASTLE PARK SCHOOL

## SWIM ACADEMY & SPORTS CENTRE



### LESSON DAYS & TIMES 2011 - 2012

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Lesson Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Swim Ireland Levels 1 - 8</b>	3.30 – 4.15	4.45pm 5.30pm	2pm Lv 1 – 3 only 3.15pm 4.15pm 5.15pm 6.15pm	4.45pm 5.30pm 6.15pm	3.00pm 3.45pm 4.30pm	9 Lv 1 – 3 only 10am 11am 12am
<b>Water Confidence</b>	3.30 – 4.00		2pm 3.15pm		3.00pm 4.30pm	9am 10am
<b>Parent &amp; Toddler</b>			11am			9am
<b>Children's Lane Training</b>	7pm	7pm	7pm			
<b>Rookie Lifeguard</b>		6.15pm			5.15pm	
<b>Adult Lessons</b>			11am	8pm		
<b>Adult Lane Training</b>			8pm			
<b>Sea Swim Training</b>			8pm			