



# Castle Park Swim Academy

## Swimming Lesson Days & Times 2020/2021



Day	Time	Level 1	Level 2	Level 3	Level 4	Level 5/6	Level 7/8	Lane Training Age 13 yrs & Under	Swim Fit Age 9 - 18 years	Parent & Toddler Age 6 - 36 mths	Water Confidence Age 2.5 - 4 yrs	Adult Lessons
Monday	5:00 pm			Lesson x 2	Lesson	Lesson(5)	Lesson (6/7)					
	5:45 pm			Lesson x 2	Lesson	Lesson	Lesson					
Tuesday	5:00 pm			Lesson x2	Lesson	Lesson	Lesson					
	5:45 pm			Lesson x 2	Lesson	Lesson	Lesson					
	6:00 pm											
	6:30 pm								Lesson			Lesson 7:15pm
Wednesday	10:45 am											
	5:00 pm			Lesson	Lesson x 2	Lesson	Lesson					
	5:45 pm			Lesson x 2	Lesson	Lesson	Lesson					
Thursday	5:00 pm			Lesson x 2	Lesson	Lesson	Lesson					
	5:45 pm			Lesson x 2	Lesson	Lesson	Lesson					
	6:30 pm			Lesson x 2	Lesson	Lesson	Lesson					
Friday	4:30 pm			Lesson x 2	Lesson	Lesson	Lesson					
Saturday												
	8.30am	Level 1	Level 1	Level 1	Level 2	Level 2						
	9:00 am	Level 1	Level 1	Level 2	Level 2	Level 2						
	9:30 am	Level 1	Level 1	Level 1	Level 2	Level 2						
	10:00 am	Level 1	Level 1	Level 2	Level 2	Level 2						
	11:00 am			Lesson x 2	Lesson	Lesson	Lesson					
12:00 pm			Lesson	Lesson x 2	Lesson	Lesson						
Sunday	8.30am	Level 1	Level 1	Level 1	Level 2	Level 2						
	9:00 am	Level 1	Level 1	Level 2	Level 2	Level 2						
	9:30 am	Level 1	Level 1	Level 1	Level 2	Level 2						
	10:00 am	Level 1	Level 1	Level 2	Level 2	Level 2						
	11:00 am			Lesson x 2	Lesson	Lesson	Lesson					
	12:00 pm			Lesson	Lesson x 2	Lesson	Lesson					