





## SWIM ACADEMY & SPORTS CENTRE

### POOL TIMETABLE 5<sup>TH</sup> – 31<sup>ST</sup> JANUARY 2019

- CP LADIES SWIM – 1.00pm Wednesday (Bookings Only – please contact the Swim Office for further info)
- MASTERS SWIM – 8.15pm Tuesday & 4.15pm Saturday (€7.00 PAYG or €120.00 for 20 session card)
- Adult Swimming Lessons – Tuesday 8:15pm – 9pm (Bookings Only – please contact the Swim Office for further info)
- All Public Swim Sessions run for 45 minutes only – Please note start & finish times of the following swims:  
Monday (Adults Only 7:45–8:30pm), Wednesday 9:00–9:45am, 12:00pm – 12:45pm, Thursday 8:15am – 9.45am, Friday 7am – 9:45am, Sunday 2pm – 4:45pm.
- AQUAFIT – 9.00am Wednesday (€6.00 PAYG – minimum of 3 participants per class)

#### ADMISSION FEES:

Adult Swim: €6.00  
Child Swim: €4.00  
Family Swim (4): €17.00

Aqua Aerobics: €6.00  
Adult Masters Swim: €7.00  
Adult Masters 20 Swims: €120.00

#### ADDITIONAL INFORMATION:

- The use of CAMERAS & CAMERA PHONES is forbidden in the pool hall, spectator area & changing rooms.
- Swim Hats must be worn at all times – available at the Swim Office for €3.50
- Children under 8 must be accompanied by an adult at all times.
- Children aged 8 and above must use correct changing rooms – Male/Female.
- **All times are subject to change at Management's discretion. (Please call to confirm Public Swim times)**
- Family swim: 2 adults & 2 children, OR 1 adult & 3 children.
- See [www.castleparkschool.ie](http://www.castleparkschool.ie) for further updates.

**Please Note: Public swims on the 5<sup>th</sup> & 6<sup>th</sup> of January run from 10am – 13:45pm**